

# Princeton Food Management Associates

May 1, 2024 thru May 31, 2024

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 05/01/2024              |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| Thu - 05/02/2024              |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/03/2024              |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| Mon - 05/06/2024              |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Tue - 05/07/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Wed - 05/08/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
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Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Thu - 05/09/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Fri - 05/10/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Mon - 05/13/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Tue - 05/14/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Wed - 05/15/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Thu - 05/16/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Fri - 05/17/2024              |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| Mon - 05/20/2024              |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Tue - 05/21/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Wed - 05/22/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Princeton Food Management Associates

May 1, 2024 thru May 31, 2024

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/23/2024              |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| Fri - 05/24/2024              |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

|                        |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
|------------------------|---------|---|---------|---|-----|------|------|-----|---|------|------|------|------|------|--------|------|
| Mon - 05/27/2024       |         |   |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| Evesham MS BRK 6-8     | Total   | 1 |         |   |     |      |      |     |   |      |      |      |      |      |        |      |
| No School              | SERVING | 1 | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.0  | 0    | 0.0  | 0.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average |         |   | 0       | 0 | 0   | 0.00 | 0.00 | 0.0 | 0 | 0.00 | 0    | 0.00 | 0.00 | 0.00 | 0.00   | 0.00 |
| % of Calories          |         |   |         |   |     |      |      |     |   |      | 0.0% | 0.0% | 0.0% | 0.0% | 0.0%   | 0.0% |
| Nutrient Guideline     |         |   | 400-550 |   | 600 |      |      |     |   |      |      |      |      |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Princeton Food Management Associates**

**May 1, 2024 thru May 31, 2024**

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Tue - 05/28/2024</b>       |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| <b>Wed - 05/29/2024</b>       |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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May 1, 2024 thru May 31, 2024

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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|                               | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|-------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/30/2024              |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Evesham MS BRK 6-8            | Total        | 84        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Breakfast Kit Choice          | 1 each       | 70        | 268         | 0           | 322       | 3.20      | 6.14      | 113.2      | 758        | 71.78      | 23         | 3.2       | 55.0     | 4.6       | 1.00      | 0.00                    |
| Breakfast Kit - Apple Jacks   | 1 each       | 14        | 260         | 0           | 260       | 4.00      | 5.22      | 200.0      | 1000       | 75.0       | 18         | 4.0       | 56.0     | 3.5       | 0.50      | 0.00                    |
| Fruit Choice Brkft            | 1 piece      | 84        | 58          | 0           | 1         | 2.47      | 0.14      | 17.7       | 116        | 22.21      | 11         | 0.65      | 14.95    | 0.18      | 0.04      | 0.00                    |
| Milk, 1% White                | 1/2 pint     | 6         | 110         | 15          | 130       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 2.5       | 1.50      | 0.00                    |
| Milk, FF, Skim                | 1/2 pint     | 2         | 90          | 0           | 150       | 0.00      | 0.00      | 300.0      | 500        | 1.2        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Chocolate           | 1/2 pint     | 38        | 130         | 5           | 170       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Strawberry          | 1/2 pint     | 19        | 120         | 5           | 105       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 22         | 8.0       | 22.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, Vanilla             | 1/2 pint     | 18        | 120         | 5           | 100       | 0.00      | 0.00      | 250.0      | 500        | 0.0        | 12         | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Milk, FF, White, Lactaid PFMA | 1/2 pint     | 1         | 90          | 0           | 125       | 0.00      | 0.00      | 300.0      | 500        | 0.0        | 12         | 8.0       | 13.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average        |              |           | 447         | 6           | 449       | 5.81      | 6.13      | 434.6      | 1414       | 95.73      | 52         | 11.98     | 90.72    | 4.78      | 1.06      | 0.00                    |
| % of Calories                 |              |           |             |             |           |           |           |            |            |            | 46.3%      | 10.7%     | 81.1%    | 9.6%      | 2.1%      | 0.0%                    |
| Nutrient Guideline            |              |           | 400-550     |             | 600       |           |           |            |            |            |            |           |          |           | <10.00    |                         |

|                               |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
|-------------------------------|----------|----|---------|----|-----|------|------|-------|------|-------|-------|-------|-------|------|--------|------|
| Fri - 05/31/2024              |          |    |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Evesham MS BRK 6-8            | Total    | 84 |         |    |     |      |      |       |      |       |       |       |       |      |        |      |
| Breakfast Kit Choice          | 1 each   | 70 | 268     | 0  | 322 | 3.20 | 6.14 | 113.2 | 758  | 71.78 | 23    | 3.2   | 55.0  | 4.6  | 1.00   | 0.00 |
| Breakfast Kit - Apple Jacks   | 1 each   | 14 | 260     | 0  | 260 | 4.00 | 5.22 | 200.0 | 1000 | 75.0  | 18    | 4.0   | 56.0  | 3.5  | 0.50   | 0.00 |
| Fruit Choice Brkft            | 1 piece  | 84 | 58      | 0  | 1   | 2.47 | 0.14 | 17.7  | 116  | 22.21 | 11    | 0.65  | 14.95 | 0.18 | 0.04   | 0.00 |
| Milk, 1% White                | 1/2 pint | 6  | 110     | 15 | 130 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 2.5  | 1.50   | 0.00 |
| Milk, FF, Skim                | 1/2 pint | 2  | 90      | 0  | 150 | 0.00 | 0.00 | 300.0 | 500  | 1.2   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Chocolate           | 1/2 pint | 38 | 130     | 5  | 170 | 0.00 | 0.00 | 300.0 | 500  | 2.4   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Strawberry          | 1/2 pint | 19 | 120     | 5  | 105 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 22    | 8.0   | 22.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, Vanilla             | 1/2 pint | 18 | 120     | 5  | 100 | 0.00 | 0.00 | 250.0 | 500  | 0.0   | 12    | 8.0   | 20.0  | 0.0  | 0.00   | 0.00 |
| Milk, FF, White, Lactaid PFMA | 1/2 pint | 1  | 90      | 0  | 125 | 0.00 | 0.00 | 300.0 | 500  | 0.0   | 12    | 8.0   | 13.0  | 0.0  | 0.00   | 0.00 |
| Weighted Daily Average        |          |    | 447     | 6  | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52    | 11.98 | 90.72 | 4.78 | 1.06   | 0.00 |
| % of Calories                 |          |    |         |    |     |      |      |       |      |       | 46.3% | 10.7% | 81.1% | 9.6% | 2.1%   | 0.0% |
| Nutrient Guideline            |          |    | 400-550 |    | 600 |      |      |       |      |       |       |       |       |      | <10.00 |      |

|                  |  |  |     |   |     |      |      |       |      |       |        |       |       |      |      |      |
|------------------|--|--|-----|---|-----|------|------|-------|------|-------|--------|-------|-------|------|------|------|
| Weighted Average |  |  | 447 | 6 | 449 | 5.81 | 6.13 | 434.6 | 1414 | 95.73 | 52     | 11.98 | 90.72 | 4.78 | 1.06 | 0.00 |
|                  |  |  |     |   |     |      |      |       |      |       | 104.3% | 10.7% | 81.1% | 9.6% | 2.1% | 0.0% |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Princeton Food Management Associates

May 1, 2024 thru May 31, 2024

Base Menu Spreadsheet

Evesham MS BRK 6-8

Portion Values - Detailed

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| Nutrient                   | Menu AVG | Portion Size | Reimb Qty     | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg)               | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|----------|--------------|---------------|-------------|-------------|-----------|-----------|-------------------------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
|                            |          | % of Cals    | Weekly Target | % of Target | Miss Data   | Shortfall | Overage   | Error Messages (if any) |           |            |            |            |           |          |           |           |                         |
| Calories                   | 447      |              | 400 - 550     | 100%        |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Cholesterol (mg)           | 6        |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Sodium 1 (mg)              | 449      |              | 600           |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Sodium 2 (mg)              | 449      |              | 535           |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Fiber (g)                  | 5.81     |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Iron (mg)                  | 6.13     |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Calcium (mg)               | 434.6    |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Vitamin A (IU)             | 1414     |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Sugars (g)                 | 52       | 46.34%       |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Vitamin C (mg)             | 95.73    |              |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Protein (g)                | 11.98    | 10.72%       |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Carbohydrate (g)           | 90.72    | 81.15%       |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Total Fat (g)              | 4.78     | 9.62%        |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Saturated Fat (g)          | 1.06     | 2.14%        | <10.00%       |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |
| Trans Fat <sup>1</sup> (g) | 0.00     | 0.00%        |               |             |             |           |           |                         |           |            |            |            |           |          |           |           |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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